



TO: Logan County Residents, Businesses and Visitors

Release #: 2022_4-28

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FOR IMMEDIATE RELEASE:

The Logan County Health District (LCHD) is happy to share the 2022 County Health Rankings and Roadmaps Report for 2022. This report provides insight to LCHD for “actionable data, evidence, guidance and stories to diverse leaders and residents so people and communities can be healthier.” These county health rankings measure the length and quality of life to understand health outcomes and include health factors like health behaviors (tobacco use, diet & exercise, alcohol & drug use, and sexual activity), clinical care (access to care and quality of care), social and economic factors (education, employment & income, family & social support, and community safety), and physical environment (air & water quality and housing & transit). How does Logan County measure up?

Some Logan County highlights:

- In 2021, Logan County ranked 51st of 88 counties in Ohio. In 2022, Logan County moved up to 36th of 88 counties in Ohio – what an improvement! Logan County ranks overall in the higher middle range (between 50%-75%) of counties in Ohio.
- Logan County has a lower unemployment rate (7%) than the state and national averages (8% and 11%, respectively).
- Logan County’s high school completion rate (93%) is 2 percentage points higher than Ohio’s average (91%).

However, there is still work to be done to continue those improvements. Places for Logan County improvements include:

- Logan County has a higher rate of years of potential life lost before the age of 75 than the US average rate. This measure also reflects that Logan County improved from ranking 62 in 2021 to 44 in 2022.
- Access to exercise opportunities in Logan County is at 57%, as compared to the state of Ohio’s 77% and the United States’ 80%, meaning Logan County significantly lacks access to exercise.
- Adult obesity is higher in Logan County (at 38%) than in the State (at 35%).
- Of Logan County adults, 19% report poor or fair health, as compared to Ohio’s 18% and the United States’ at 17%, and also report more poor physical health days than the Ohio and National averages.

What does this mean for Logan County? We, the residents, business owners and visitors of Logan County, can continue to improve our ranking by reducing unemployment rates and increasing high school completion rates. We can connect with and maximize available exercise opportunities and reduce our obesity rate. The Logan County Health District can work with you to create a worksite wellness program to help improve these areas. We can keep up on healthcare services like routine visits with providers and seek out other healthcare services when needed, like mental or behavioral health treatments. We have shown that our efforts in achieving a safe and healthy community are working, and now we must continue working toward improving our overall ranking even further. Looking forward to a safer and healthier 2022!

Link to full report:

<https://www.countyhealthrankings.org/app/ohio/2022/rankings/logan/county/outcomes/overall/snapshot>

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